

**NORTH BERKSHIRE SCHOOL UNION**

Dear Parents,

The Gabriel Abbott Memorial School, in cooperation with the Massachusetts Department of Public Health Dental Division is offering to all the students in Grades 1 through 8, a fluoride mouth rinsing program to prevent dental decay. This simple method of applying fluorides has been demonstrated to be safe and effective in controlling tooth decay. Participants will rinse their mouths in school with a 0.2% neutral sodium fluoride solution for one minute once each week under supervision.

This project is very important to the oral health of your child. Participating is entirely voluntary and without cost to you. We encourage you to allow your child to participate in this valuable health project. This preventive program, however, should not take the place of regular dental care by your dentist or proper home care. Please return the completed form without delay to your child's teacher. If your child is already taking fluoride tablets at home, he/she should continue taking them even after enrolling in the rinse program.

If you have any questions regarding this project, please feel free to call the school nurse at 413-664-6023.

Sincerely yours,

Heidi Dugal  
Heidi Dugal, Principal

Nancy Roy RN  
Nancy Roy RN, School Nurse

\_\_\_\_\_ I wish my child to participate in the fluoride mouth rinse program.

\_\_\_\_\_ I do not wish my child to participate in the fluoride mouth rinse program.

Child's Name \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_  
                    Last                      First                      M. Initial

Date of Birth \_\_\_\_\_ Teacher \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent/Guardian

**PLEASE COMPLETE AND RETURN THIS FORM IMMEDIATELY**